

## Statistics Report 20061, Rice flour, white

Report Date: October 04, 2015 21:14 EDT

Nutrient values and weights are for edible portion.

| Nutrient                    | Unit | Value<br>Per100 g | Data<br>Points | Std. Error | Min | Max | df | LB | UB | # Studies | Source                                | NDB Ref | Last Modified |
|-----------------------------|------|-------------------|----------------|------------|-----|-----|----|----|----|-----------|---------------------------------------|---------|---------------|
| <b>Proximates</b>           |      |                   |                |            |     |     |    |    |    |           |                                       |         |               |
| Water                       | g    | 11.89             | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Energy                      | kcal | 366               | --             | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                 | --      | 10/1989       |
| Energy                      | kJ   | 1531              | --             | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                 | --      | 02/2007       |
| Protein                     | g    | 5.95              | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Total lipid (fat)           | g    | 1.42              | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Ash                         | g    | 0.61              | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Carbohydrate, by difference | g    | 80.13             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                 | --      | 10/1989       |
| Fiber, total dietary        | g    | 2.4               | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Sugars, total               | g    | 0.12              | --             | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                 | 20044   | 09/2002       |
| <b>Minerals</b>             |      |                   |                |            |     |     |    |    |    |           |                                       |         |               |
| Calcium, Ca                 | mg   | 10                | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |

| Nutrient                       | Unit | Value Per 100 g | Data Points | Std. Error | Min | Max | df | LB | UB | # Studies | Source                                | NDB Ref | Last Modified |
|--------------------------------|------|-----------------|-------------|------------|-----|-----|----|----|----|-----------|---------------------------------------|---------|---------------|
| Iron, Fe                       | mg   | 0.35            | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Magnesium, Mg                  | mg   | 35              | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Phosphorus, P                  | mg   | 98              | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Potassium, K                   | mg   | 76              | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Sodium, Na                     | mg   | 0               | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Zinc, Zn                       | mg   | 0.80            | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Copper, Cu                     | mg   | 0.130           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Manganese, Mn                  | mg   | 1.200           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Selenium, Se                   | µg   | 15.1            | --          | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                 | --      | 12/1997       |
| <b>Vitamins</b>                |      |                 |             |            |     |     |    |    |    |           |                                       |         |               |
| Vitamin C, total ascorbic acid | mg   | 0.0             | --          | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                 | --      | 10/1989       |
| Thiamin                        | mg   | 0.138           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |

| Nutrient            | Unit | Value Per100 g | Data Points | Std. Error | Min | Max | df | LB | UB | # Studies | Source                                | NDB Ref | Last Modified |
|---------------------|------|----------------|-------------|------------|-----|-----|----|----|----|-----------|---------------------------------------|---------|---------------|
| Riboflavin          | mg   | 0.021          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Niacin              | mg   | 2.590          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Pantothenic acid    | mg   | 0.819          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Vitamin B-6         | mg   | 0.436          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Folate, total       | µg   | 4              | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Folic acid          | µg   | 0              | --          | --         | --  | --  | -- | -- | -- | --        | Assumed zero                          | --      | 01/2001       |
| Folate, food        | µg   | 4              | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 02/2007       |
| Folate, DFE         | µg   | 4              | --          | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                 | --      | 02/2007       |
| Choline, total      | mg   | 5.8            | --          | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                 | 20045   | 02/2007       |
| Vitamin B-12        | µg   | 0.00           | --          | --         | --  | --  | -- | -- | -- | --        | Assumed zero                          | --      | 10/1989       |
| Vitamin B-12, added | µg   | 0.00           | --          | --         | --  | --  | -- | -- | -- | --        | Assumed zero                          | --      | 09/2004       |
| Vitamin A, RAE      | µg   | 0              | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 02/2007       |
| Retinol             | µg   | 0              | --          | --         | --  | --  | -- | -- | -- | --        | Assumed zero                          | --      | 06/2002       |

| Nutrient                               | Unit | Value Per100 g | Data Points | Std. Error | Min | Max | df | LB | UB | # Studies | Source                                | NDB Ref | Last Modified |
|--|------|----------------|-------------|------------|-----|-----|----|----|----|-----------|---------------------------------------|---------|---------------|
| Carotene, beta                         | µg   | 0              | --          | --         | --  | --  | -- | -- | -- | --        | Assumed zero                          | --      | 09/2002       |
| Carotene, alpha                        | µg   | 0              | --          | --         | --  | --  | -- | -- | -- | --        | Assumed zero                          | --      | 09/2002       |
| Cryptoxanthin, beta                    | µg   | 0              | --          | --         | --  | --  | -- | -- | -- | --        | Assumed zero                          | --      | 09/2002       |
| Vitamin A, IU                          | IU   | 0              | --          | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                 | --      | 10/1989       |
| Lycopene                               | µg   | 0              | --          | --         | --  | --  | -- | -- | -- | --        | Assumed zero                          | --      | 09/2002       |
| Lutein + zeaxanthin                    | µg   | 0              | --          | --         | --  | --  | -- | -- | -- | --        | Assumed zero                          | --      | 09/2002       |
| Vitamin E (alpha-tocopherol)           | mg   | 0.11           | --          | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                 | 20044   | 09/2002       |
| Vitamin E, added                       | mg   | 0.00           | --          | --         | --  | --  | -- | -- | -- | --        | Assumed zero                          | --      | 09/2004       |
| Vitamin D (D2 + D3)                    | µg   | 0.0            | --          | --         | --  | --  | -- | -- | -- | --        | Assumed zero                          | --      | 11/2008       |
| Vitamin D                              | IU   | 0              | --          | --         | --  | --  | -- | -- | -- | --        | Assumed zero                          | --      | 02/2009       |
| Vitamin K (phylloquinone) <sup>1</sup> | µg   | 0.0            | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 09/2002       |
| <b>Lipids</b>                          |      |                |             |            |     |     |    |    |    |           |                                       |         |               |
| Fatty acids, total saturated           | g    | 0.386          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| 4:0                                    | g    | 0.000          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 02/1995       |
| 6:0                                    | g    | 0.000          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 02/1995       |

| Nutrient                           | Unit | Value Per100 g | Data Points | Std. Error | Min | Max | df | LB | UB | # Studies | Source                                | NDB Ref | Last Modified |
|------------------------------------|------|----------------|-------------|------------|-----|-----|----|----|----|-----------|---------------------------------------|---------|---------------|
| 8:0                                | g    | 0.000          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 02/1995       |
| 10:0                               | g    | 0.000          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 02/1995       |
| 12:0                               | g    | 0.000          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 02/1995       |
| 14:0                               | g    | 0.008          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| 16:0                               | g    | 0.345          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| 18:0                               | g    | 0.026          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Fatty acids, total monounsaturated | g    | 0.442          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| 16:1 undifferentiated              | g    | 0.005          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| 18:1 undifferentiated              | g    | 0.436          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| 20:1                               | g    | 0.000          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 02/1995       |

| Nutrient                           | Unit | Value<br>Per100 g | Data<br>Points | Std. Error | Min | Max | df | LB | UB | # Studies | Source                                | NDB Ref | Last<br>Modified |
|------------------------------------|------|-------------------|----------------|------------|-----|-----|----|----|----|-----------|---------------------------------------|---------|------------------|
| 22:1 undifferentiated              | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 02/1995          |
| Fatty acids, total polyunsaturated | g    | 0.379             | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989          |
| 18:2 undifferentiated              | g    | 0.313             | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989          |
| 18:3 undifferentiated              | g    | 0.067             | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989          |
| 18:4                               | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 02/1995          |
| 20:4 undifferentiated              | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 02/1995          |
| 20:5 n-3 (EPA)                     | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 02/1995          |
| 22:5 n-3 (DPA)                     | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 02/1995          |
| 22:6 n-3 (DHA)                     | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 02/1995          |
| Cholesterol                        | mg   | 0                 | --             | --         | --  | --  | -- | -- | -- | --        | Assumed zero                          | --      | 10/1989          |

**Amino Acids**

| Nutrient      | Unit | Value Per100 g | Data Points | Std. Error | Min | Max | df | LB | UB | # Studies | Source                                | NDB Ref | Last Modified |
|---------------|------|----------------|-------------|------------|-----|-----|----|----|----|-----------|---------------------------------------|---------|---------------|
| Tryptophan    | g    | 0.072          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Threonine     | g    | 0.210          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Isoleucine    | g    | 0.244          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Leucine       | g    | 0.488          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Lysine        | g    | 0.207          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Methionine    | g    | 0.144          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Cystine       | g    | 0.107          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Phenylalanine | g    | 0.317          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Tyrosine      | g    | 0.314          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Valine        | g    | 0.348          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |

| Nutrient       | Unit | Value Per 100 g | Data Points | Std. Error | Min | Max | df | LB | UB | # Studies | Source                                | NDB Ref | Last Modified |
|----------------|------|-----------------|-------------|------------|-----|-----|----|----|----|-----------|---------------------------------------|---------|---------------|
| Arginine       | g    | 0.516           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Histidine      | g    | 0.149           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Alanine        | g    | 0.332           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Aspartic acid  | g    | 0.549           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Glutamic acid  | g    | 1.097           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Glycine        | g    | 0.267           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Proline        | g    | 0.278           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| Serine         | g    | 0.310           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 10/1989       |
| <b>Other</b>   |      |                 |             |            |     |     |    |    |    |           |                                       |         |               |
| Alcohol, ethyl | g    | 0.0             | --          | --         | --  | --  | -- | -- | -- | --        | Assumed zero                          | --      | 01/2014       |
| Caffeine       | mg   | 0               | --          | --         | --  | --  | -- | -- | -- | --        | Assumed zero                          | --      | 09/2002       |
| Theobromine    | mg   | 0               | --          | --         | --  | --  | -- | -- | -- | --        | Assumed zero                          | --      | 09/2002       |

**Sources of Data**<sup>1</sup>G. Ferland, D. MacDonald, J.A. Sadowski Development of a diet low in vitamin K (phylloquinone), 1992 J. American Dietetic Assoc 92 5 pp.593-597